

## Indicative

### Present

<b>I</b>	constrain
<b>you</b>	constrain
<b>he/she/it</b>	constrains
<b>we</b>	constrain
<b>you</b>	constrain
<b>they</b>	constrain

### Present continuous

<b>I</b>	am constraining
<b>you</b>	are constraining
<b>he/she/it</b>	is constraining
<b>we</b>	are constraining
<b>you</b>	are constraining
<b>they</b>	are constraining

### Simple past

<b>I</b>	constrained
<b>you</b>	constrained
<b>he/she/it</b>	constrained
<b>we</b>	constrained
<b>you</b>	constrained
<b>they</b>	constrained

### Past continuous

<b>I</b>	was constraining
<b>you</b>	were constraining
<b>he/she/it</b>	was constraining
<b>we</b>	were constraining
<b>you</b>	were constraining
<b>they</b>	were constraining

### Present perfect

<b>I</b>	have constrained
<b>you</b>	have constrained
<b>he/she/it</b>	has constrained
<b>we</b>	have constrained
<b>you</b>	have constrained
<b>they</b>	have constrained

### Present perfect continuous

<b>I</b>	have been constraining
<b>you</b>	have been constraining
<b>he/she/it</b>	has been constraining
<b>we</b>	have been constraining
<b>you</b>	have been constraining
<b>they</b>	have been constraining

### Past perfect

<b>I</b>	had constrained
<b>you</b>	had constrained
<b>he/she/it</b>	had constrained
<b>we</b>	had constrained
<b>you</b>	had constrained
<b>they</b>	had constrained

### Past perfect continuous

<b>I</b>	had been constraining
<b>you</b>	had been constraining
<b>he/she/it</b>	had been constraining
<b>we</b>	had been constraining
<b>you</b>	had been constraining
<b>they</b>	had been constraining

### Future

<b>I</b>	will constrain
<b>you</b>	will constrain
<b>he/she/it</b>	will constrain
<b>we</b>	will constrain
<b>you</b>	will constrain
<b>they</b>	will constrain

### Future continuous

<b>I</b>	will be constraining
<b>you</b>	will be constraining
<b>he/she/it</b>	will be constraining
<b>we</b>	will be constraining
<b>you</b>	will be constraining
<b>they</b>	will be constraining

### Future perfect

<b>I</b>	will have constrained
<b>you</b>	will have constrained
<b>he/she/it</b>	will have constrained
<b>we</b>	will have constrained
<b>you</b>	will have constrained
<b>they</b>	will have constrained

### Future perfect continuous

<b>I</b>	will have been constraining
<b>you</b>	will have been constraining
<b>he/she/it</b>	will have been constraining
<b>we</b>	will have been constraining
<b>you</b>	will have been constraining
<b>they</b>	will have been constraining

## Conditional

**Conditional present**

<b>I</b>	would constrain
<b>you</b>	would constrain
<b>he/she/it</b>	would constrain
<b>we</b>	would constrain
<b>you</b>	would constrain
<b>they</b>	would constrain

**Conditional present progressive**

<b>I</b>	would be constraining
<b>you</b>	would be constraining
<b>he/she/it</b>	would be constraining
<b>we</b>	would be constraining
<b>you</b>	would be constraining
<b>they</b>	would be constraining

**Conditional perfect**

<b>I</b>	would have constrained
<b>you</b>	would have constrained
<b>he/she/it</b>	would have constrained
<b>we</b>	would have constrained
<b>you</b>	would have constrained
<b>they</b>	would have constrained

**Conditional perfect progressive**

<b>I</b>	would have been constraining
<b>you</b>	would have been constraining
<b>he/she/it</b>	would have been constraining
<b>we</b>	would have been constraining
<b>you</b>	would have been constraining
<b>they</b>	would have been constraining

**Subjunctive**

**Present subjunctive**

<b>I</b>	constrain
<b>you</b>	constrain
<b>he/she/it</b>	constrain
<b>we</b>	constrain
<b>you</b>	constrain
<b>they</b>	constrain

**Past subjunctive**

<b>I</b>	constrained
<b>you</b>	constrained
<b>he/she/it</b>	constrained
<b>we</b>	constrained
<b>you</b>	constrained
<b>they</b>	constrained

**Past perfect subjunctive**

<b>I</b>	had constrained
<b>you</b>	had constrained
<b>he/she/it</b>	had constrained
<b>we</b>	had constrained
<b>you</b>	had constrained
<b>they</b>	had constrained

**Imperative**

**Imperative**

<b>you</b>	constrain
<b>we</b>	Let's constrain
<b>you</b>	constrain

**Participle**

**Present participle**

constraining

**Past participle**

constrained